

# ZEST FOR LIFE COUNSELING

Zest for Life Counseling is proud to partner with our local universities and actively works with several mental health programs to train the next generation of mental health practitioners at Associates (SSW), Bachelors (BSW, BHT), and Masters (MSW, MFT, CMHC) level therapists. **Training** is at the core of everything that we do. We take our work in the community seriously and hold great **passion** for assisting our

## The Zest Training Process

Prior to beginning clinical work all mental health interns will complete a **3-month** training program in a rolling schedule that takes place in the spring & fall, facilitated by our clinical team. Following the intensive training, mental health interns receive **5 hours** of ongoing weekly support through structured individual & group peer mentorship & clinical supervision.

## Practicum Compensation

Zest for Life Counseling provides interns with a generous stipend and non-financial benefits including a flexible schedule, frequently paid meals, time off, quarterly company activities and parties, company swag, and working with the best clinical team in the valley! Stipends and non-financial benefits are discussed during the live interview and solidified at the time that an offer letter is extended.

Please note that our clinical team invests a significant degree of time and resources into training each intern in preparation for graduate and post-graduate clinical practice. **Our training and support are second to none.** We view internships as a 12-month job interview, and desire to employ each graduate student intern following graduation. Priority is given to applicants desiring employment following graduation.



## Applications

If you are interested in completing a clinical mental health internship with Zest for Life Counseling, please email your **cover letter, resume** and **application** to:



[admin@zestcounseling.com](mailto:admin@zestcounseling.com)



Phone: (801) 980-2566  
Fax: (801) 610-2017

## Locations & Services

ZFL is home to four locations:

**American Fork:** 556 E 300 S, #108

**Holladay:** 2046 East Murray Holladay Road, #101

**Payson:** 39. N Professional Way, Ste. 4

**St. George:** 491 East Riverside Drive #3A, St. George, UT 84770

Please see our website for more info!

<http://zestcounseling.com/services.html>