

# ZEST FOR LIFE COUNSELING

Zest for Life Counseling is proud to partner with our local universities and actively works with several clinical graduate mental health programs to train the next generation of mental health practitioners. **Training** is at the core of everything that we do. We take our work in the community seriously and hold great **passion** for assisting our community with **living their Zest life!**

## The Zest Training Process

Prior to beginning clinical work all graduate therapist interns will complete a **3-month** training program (May-July) facilitated by our clinical team. Following the intensive training, graduate interns receive **5 hours** of ongoing weekly support through structured individual & group peer mentorship & clinical supervision.

## Practicum Compensation

Zest for Life Counseling provides graduate therapist interns with a generous stipend and non-financial benefits including a flexible schedule, frequently paid meals, time off, quarterly company activities and parties, company swag, and working with the best clinical team in the valley! Stipends and non-financial benefits are discussed during the live interview and solidified at the time that an offer letter is extended.

Please note that our clinical team invests a significant degree of time and resources into training each graduate student intern in preparation for post-graduate clinical practice. **Our training and support is second to none.** We view internships as a 12-month job interview, and desire to employ each graduate student intern following graduation. Priority is given to applicants desiring employment following graduation.



## Applications

If you are interested in completing a graduate internship with Zest for Life Counseling, please email your **cover letter, resume** and **application** to:



[admin@zestcounseling.com](mailto:admin@zestcounseling.com)



Phone: (801) 980-2566  
Fax: (801) 610-2017

## Locations & Services

ZFL is home to two locations:

American Fork: 556 E 300 S, #108

Holladay: 2046 East Murray Holladay Road, #101

Coming Soon: Spanish Fork/Springville area.

ZFL offers a wide range of mental health treatment through a variety of specialized treatment modalities. Please see our website for a complete list.

<http://zestcounseling.com/services.html>